

S:

MF is a 45 yo female with chief complaint of "stomach pain." The sharp epigastric pain began 3 days ago, has been continuous, and does not radiate. She reports 9/10 pain severity. This is the first occurrence. Admits diarrhea, vomiting, anorexia. Denies fever, chills, weakness, nausea, shortness of breath, dyspepsia, hematemesis, hematochezia, melena, dysuria. LMP 1/5/19.

Tried Pepto-Bismol with no relief. Last BM this AM.

PMH: Left Ovarian Cyst, Appendicitis, Gallstones, Irregular Menses, Scoliosis

PSH: Appendectomy, Cholecystectomy

Allergies: NKDA

Medications: Acetaminophen (Tylenol) 325mg 1-2 tabs PO q4-6h prn for back pain

FHx: Unknown

SHx: Denies EtOH, Tobacco Use

O:

T 99.0°F | BP 126/80mmHg | P 84 BPM, regular | RR 12 breaths/min, unlabored | SpO2 96% RA
H 67in | W 150 lb. | BMI 23.5

Gen: Slender female, neatly groomed, looks her stated age of 45 years. Alert and cooperative.

Holding abdomen. Some distress.

Skin: Warm and moist. Good turgor. Nonicteric.

HEENT: Symmetrical OU. No strabismus, exophthalmos, or ptosis. Sclera are white and nonicteric. Conjunctiva and cornea clear.

Mouth/Pharynx: Oral mucosa pink, well-hydrated. No masses, lesions.

CV: RRR. S1 and S2 are normal. There are no murmurs, S3, S4, splitting of heart sounds, friction rubs.

Pulm: Clear to auscultation and percussion bilaterally. Chest expansion symmetrical. No wheezing, rhonchi, rales, dullness.

Abd: Flat, symmetrical. No scars, striae, caput medusa. BS present in all four quadrants. No bruits over aortic/renal/iliac/femoral arteries. Tympanic to percussion throughout. Tender to light and deep palpation of epigastric region. No guarding or rebound, CVAT, organomegaly.

A:

45 yo female with epigastric pain, diarrhea, vomiting, anorexia x 3 days. Likely gastroenteritis.

Differential Diagnosis:

1. Ectopic Pregnancy
2. Myocardial Infarction
3. Gastroenteritis
4. Choledocholithiasis
5. Pancreatitis
6. Hepatitis

P:Labs:

- Qualitative Beta-HCG with Reflex, R/O: Pregnancy
- Troponin, R/O: MI
- CBC, BMP, Lipase, LFTs, Bilirubin (total, direct, indirect)
- U/A, Urine Culture